

AMENDMENT TO RULES COMMITTEE PRINT 119-8
OFFERED BY MR. PFLUGER OF TEXAS

At the end of subtitle E of title V add the following
new section:

1 **SEC. 5____. PILOT PROGRAM ON PSYCHOLOGICAL PER-**
2 **FORMANCE TRAINING AT THE UNITED**
3 **STATES AIR FORCE ACADEMY.**

4 (a) PILOT PROGRAM REQUIRED.—The Secretary of
5 Defense, acting through the Superintendent of the United
6 States Air Force Academy, shall establish a pilot program
7 to integrate psychological performance training into the
8 curriculum and cadet development model at the United
9 States Air Force Academy.

10 (b) ELEMENTS.—The pilot program established pur-
11 suant to subsection (a) shall include—

12 (1) training for cadets, faculty, Commanders,
13 and Academy Military Trainers in scientifically re-
14 searched and evidence-based psychological perform-
15 ance skills focused on development of a high-per-
16 formance mindset to increase readiness, warfighter
17 lethality, and leadership under stress;

18 (2) the use of cognitive training tools and re-
19 sources, including technologies and structured skill-

1 building workshops, to improve resilience, focus, de-
2 cision-making, and recovery under pressure;

3 (3) a leadership development component equip-
4 ping faculty, Commanders, and Academy Military
5 Trainers to mentor cadets in psychological perform-
6 ance skills across the course of the cadet experience;
7 and

8 (4) collection and analysis of data on training
9 effectiveness using established cadet performance
10 and attrition measures.

11 (c) METRICS.—The Secretary shall ensure the pilot
12 program established pursuant to subsection (a) includes
13 evaluation of the following metrics:

14 (1) Attrition rates during Basic Cadet Train-
15 ing, the fourth class (freshman) year, and the third
16 class (sophomore) year.

17 (2) Cadet testing and performance indicators,
18 including graded review, grade point average, mili-
19 tary performance average, and physical fitness test-
20 ing.

21 (3) Counseling center utilization rates, self-re-
22 ported stress and sleep quality metrics, and meas-
23 ures of cadet well-being.

1 (4) Utilization and results of cognitive training
2 tools, including data on attention, relaxation, and
3 workload regulation.

4 (d) TERMINATION.—The pilot program established
5 pursuant to subsection (a) shall terminate on the date that
6 is one year after the date of the establishment of such
7 pilot program.

8 (e) REPORT.—Not later than 60 days after the termi-
9 nation of the pilot program under subsection (d), the Sec-
10 retary shall submit to the Committees on Armed Services
11 of the Senate and the House of Representatives a report
12 that includes—

13 (1) the evaluation of the metrics described in
14 subsection (c);

15 (2) an assessment of whether the pilot program
16 reduced attrition and improved cadet performance
17 and resilience; and

18 (3) the recommendation of the Secretary as to
19 whether the Department of Defense should establish
20 a Department-wide program for psychological per-
21 formance training in accession programs.

