

**AMENDMENT TO RULES COMMITTEE PRINT 119–****8****OFFERED BY MRS. BIGGS OF SOUTH CAROLINA**

At the end of subtitle E of title III, insert the following new section:

1 **SEC. 3\_\_\_ . DEPARTMENT OF DEFENSE REPORT ON CRE-**  
2 **ATINE SUPPLEMENTS IN MEALS READY-TO-**  
3 **EAT.**

4 (a) IN GENERAL.—Not later than 180 days after the  
5 date of the enactment of this Act, the Secretary of De-  
6 fense, in consultation with the Director of the Defense Lo-  
7 gistics Agency, shall submit to the Committees on Armed  
8 Services of the Senate and the House of Representatives  
9 a report evaluating the feasibility, safety, and potential  
10 benefits of including creatine supplements in Meals Ready-  
11 to-Eat (MREs) for members of the Armed Forces.

12 (b) ELEMENTS.—The report required under sub-  
13 section (a) shall include the following:

14 (1) An assessment of the benefits and risks of  
15 creatine supplements, including any impact on the  
16 strength, muscle health, physical performance, injury  
17 prevention, recovery, and overall readiness of mem-  
18 bers of the Armed Forces.

1           (2) An evaluation of the logistical consider-  
2           ations for including creatine supplements in MREs,  
3           including any implications for storage, distribution,  
4           shelf life, and cost.

5           (3) Recommendations regarding the advisability  
6           and manner of including creatine supplements in  
7           MREs.

